

Bread + Wine

Session Three | Spring 2021

Gathering Question

Group members take turns answering the gathering question, designed to help folks get to know each other better in classic ice-breaker fashion. Each one shares briefly before the group takes up the primary conversation for this particular time together.

What do you crave more of in your daily life? How can you create space for this?

Conversation Prompt

Each person in the group responds in turn to the session's conversation prompt, which invites sharing of personal experiences and stories around faith and community. Generous listening and attending to how long each person shares will help everyone feel welcomed into the conversation.

For what do you hunger and thirst spiritually? In what ways is the Holy Spirit awakening or satisfying your desire(s)?

Insights and Invitations

As the conversation draws to a close, facilitators may lift up insights from what has unfolded within the group session, including questions suited for additional personal reflection or for revisiting together in the group's next gathering.

Facilitator Insights and Invitations

Closing Prayer

Each gathering concludes with a time of prayer, suited to group disposition. Whether the group embraces a pattern of sharing personal favorites, joining in The Lord's Prayer, or leveraging the closing prayer provided in the conversation guide, this time of caring strengthens the connections we know through the love of Jesus Christ, at work in human community.

A recipe from Prayer 70: "Grace at Meals" (Book of Common Prayer, page 835)

Leader: Our Lord be with you.

Responder: And also with you.

Leader: Let us pray.

We invite your prayers and thanksgivings in the chat to be read aloud by The Responder.

A period of silence is kept after the last prayer request before The Leader prays:

Leader: Cosmic Chef, give us grateful hearts and make us mindful of the needs of others.

Bless your gifts to our bodies, that we may use them to serve you. You provide for us food, which brings our hearts and souls warmth.

Fine beans and grapes and fruits you give us,

to put smiles on our lips, to splash joy's blush on our cheeks.

Responder: We thank you for your bounty, asking daily only for our fair share.

Leader: While we sit at different tables, we know we share one feast.

Responder: And we rejoice across the airwaves, apart yet together. Amen!